



OCTOBER 2012

Honor Society Membership Drive

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The Honor Societies at West are having a membership drive during the month of October.

Students who join an honor society will be:

- Able to participate in the honor society induction ceremony which is held every April
- Designated as an honor society member in the commencement program and will be able to walk in the ceremony with honor society regalia (graduating student must become a member by April 1 for this benefit)
- Able to include an honor society designation on their resume
- Eligible for scholarships

To review membership requirements or to join:

1. Login to MyWest and click on the "Home" tab

2. Under "West Associations" select the association you are interested in
 3. Review the membership requirements
 4. Click on the "Request To Join" button in the top right corner of the association page you would like to join
 5. Wait for a formal invitation via email
- For additional information on the membership drive ctrl + click [HERE](#).

Questions please contact:

Faculty Advisor:

Professor Carol Farabee
csfarabee@mywiu.wintu.edu

West staff contact:

Tim Henthorn
tim.henthorn@west.edu
602-429-1047



Delta Mu Delta



Upsilon Pi Epsilon



Golden Key

Ctrl + Click on association logo to learn more about that association.

DID YOU KNOW:

The 2013 West Commencement Ceremony is at the Phoenix Convention Center Saturday, May 18, 2013, at 10:00 am Arizona time.

West Scholarships

Did you know that Western International University (West) offers West Scholarships?

A West Scholarship can be awarded to one or more students on a "Most needed and deserved" basis on the strength of the applications submitted.

Scholarships are available to:

- Bachelor's or Master's degree-seeking West students
- Have successfully completed at least 4 courses at West within the last year
- Have a grade point average (GPA) of 3.0 for Undergraduate or 3.5 for Graduate

- Are in compliance with the Student and Exchange Visitor Information System (SEVIS)

Ctrl + click [Here](#) for more information and then click **Apply Now**

Organization of Women in International Trade—Phoenix

The Organization of Women in International Trade (OWIT) — Phoenix is offering Scholarship Programs.

OWIT—Phoenix is a non-profit organization committed to the advancement of women in international trade.

To earn a scholarship from OWIT you must submit application, essay, transcripts, current enrollment verification, and letters of recommendation. Items need to be received no later than November 1, 2012, by 5:00 pm. Contact info@owitphoenix.org with any questions.



To learn more about the organization ctrl+click symbol.

Arizona Council for International Visitors

Arizona Council for International Visitors' (AZCIV) mission is to provide opportunities to host and meet international visitors from all walks of life that have been identified by the U.S. Department of State as current or future leaders in their countries. To become a student member of AZCIV the rate is \$25.00.

To learn more about this organization and to become a member ctrl+click [HERE](#).

One benefit of becoming a member of AZCIV is the opportunity to attend AZCIV Annual Dinner. This year the dinner is being held on Wednesday, October 24th from 5:30-8:30 pm at the Hilton Scottsdale Resort & Villas in Scottsdale. The member rate to attend the dinner is \$55.00. As a student member the rate is reduced to \$35.00



To learn more about this event, visit their website by ctrl+click picture

Web Career Event: “Falling in love with your job all over again”

What you can expect to learn from the presenter

- What is a good first step toward falling in love with a job again?
- Why do people fall out of love with their job?
- At what point should a person admit that the “love is gone” and it’s time to move on?

West students and alumni are invited to join us for an hour of insights and interesting conversation as master career counselor Cathy McGinnis leads a discussion about job satisfaction and gives tips for bringing more purpose and passion to your profession. Cathy has been a career counselor for 17 years and has helped many people bring joy back into their jobs by focusing on their individual interests and talents.

Date: Monday, October 15, 2012

Time: 5:00 - 6:00 p.m. (MST)

Venue: Online via WebEx

Presenter: Cathy McGinnis, National Certified Master Career Counselor for University of Phoenix and Bloomsburg University of Pennsylvania.

RSVP: By Friday, October 12 to Laura Lee at laura.lee@west.edu

Take the time to register for West’s Career Resources and see all of the assessment tools and resources available, including One-on-One Career Coaching. To get started, simply log in to my.west.edu and visit the Services tab, [Career Resources](#) link.

Come to this career event prepared with your questions.

Study Skills — Textbook Application—Reading Strategies

I. Before You Read

Discover the organization of your text.

1. How is the whole text organized? What are the parts called?
2. What is the organization within a section or part?
3. What is the organization within a chapter? Are there summaries? Are there questions at the end of the chapter?

II. Look At The Assigned Chapter

1. What do the photographs, charts and diagrams tell you (read the captions)?
2. What are the subtitles?
3. Look at the questions, if there are any, in the text.

4. Think about what you already know about this topic. What questions do you have about this subject? Write at least three.

III. First Reading

1. Read the entire chapter or assigned parts as quickly as you can.
2. Record page numbers and your time.
3. List any key words (words that frequently occurred and seemed important to the meaning) that you didn't know.

IV. Second Reading

1. Write two more questions you now have.
2. Reread the chapter more carefully.
3. What are the answers to your questions?
4. What were some of the main points?
5. What terms were defined?
6. If there were questions at the end of the chapter, answer them now.

(2002, Regents of the University of Minnesota)



Scrapbook for a Wonderful Cause!



**A Western International University
Philanthropy Committee & Faculty Services**
volunteer opportunity to preserve the
memories of wishes granted by the
Make-A-Wish Foundation

3rd Annual Volunteer Scrapbooking Event!

When: Wednesday, October 17th, 2012

Time: 8:00 AM to 4:00 PM (stay as long as your
schedule permits)

Where: Phoenix Campus, 9215 N. Black Canyon Hwy,
Phoenix, Room 206

RSVP: Required by October 5th, 2012

Crops of Luv™ (<http://www.cropsofluv.org/>) is a Phoenix based non-profit organization that works in conjunction with the Make-A-Wish Foundation® to make beautiful memory books of recipient families' Make-A-Wish® events. In their first year, Crops of Luv™ created 85 memory albums for Make-A-Wish® recipients' families!

Crops of Luv™ will bring photos provided by the families and page kits including embellishments. Volunteers are welcome to bring their own tools, though some will be provided.

Please make plans for your own lunch.

**Please RSVP by Friday, October 5th to Shane Poole.
Shane Poole – shane.poole@west.edu or
602-429-1125**

West Cookin'-Mixing it up with Dottie



Fall is here! This is my favorite baking season because it is a great chance to cook some delicious recipes that help bring the spirit of the season into your kitchen and home.

For fall cooking, the most common seasonal food choice is, not surprisingly, pumpkin. In addition, like pumpkin in many respects, squash is also a great ingredient in many fall recipes. Here are two of my favorite recipes. **Bon Appetite!**



CHEESY SQUASH CASSEROLE

Ingredients

2 c. cooked squash, drained
2 c. med. sharp cheese, grated
2 eggs, well beaten
1 1/2 c. bread crumbs
1 can cream of mushroom soup
1/2 c. milk
Salt & pepper

Directions

Preheat oven to 350 degrees. Combine squash, 1 1/2 cups cheese, eggs, bread crumbs, soup, milk, salt and pepper. Pour into a greased glass baking dish. Top with remaining 1/2 cup grated cheese. Bake for 30 minutes or until cheese is golden.



Pumpkin Bundt Cake

Ingredients

- Nonstick cooking spray, for pan
- 4 c cake flour (not self-rising), plus more for dusting
- 4 teaspoons baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 tablespoon ground ginger
- 2 teaspoons ground cinnamon
- 1 teaspoon freshly grated nutmeg
- 1/2 teaspoon ground cloves
- 1 cup (2 sticks) unsalted butter, room temperature, plus more for pan
- 2 1/2 cups packed light-brown sugar
- 4 large eggs
- 1 cup buttermilk
- 1 1/2 cups canned pumpkin puree
- Confectioners' sugar, for dusting

Directions

1. Preheat oven to 350 degrees. Spray a 14-cup Bundt pan with cooking spray. Dust with flour, and tap out excess.
2. Whisk together flour, baking powder, baking soda, salt, ginger, cinnamon, nutmeg, and cloves. Set aside.
3. Beat butter and brown sugar together in the bowl of an electric mixer fitted with the paddle attachment, on medium speed until pale and fluffy, 2 to 3 minutes. Add eggs, one at a time, beating well after each addition and scraping down sides of bowl. Reduce speed to low. Beat in flour mixture in three additions, alternating with the buttermilk. Beat until just combined. Add pumpkin puree, and beat until combined. Pour batter into prepared pan.
4. Bake cake until golden and a wooden skewer inserted into the center comes out clean, about 55 minutes. Let cool on a wire rack for 30 minutes. Carefully turn cake onto rack too cool completely. Before serving, dust with confectioners' sugar.

<http://www.marthastewart.com/315295/spicy-pumpkin-bundt-cake>

October 2012

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Oct 3—Germany, Day of German Unity

Oct 8—Canada, Thanksgiving Day;
Japan, Sports Day;
United States, Columbus Day

Oct 12—Mexico, Columbus Day

Oct 22—New Zealand, Labour Day

Oct 23—Thailand, Chulalongkorn Day

Oct 31—United States, Halloween

Upcoming Events in the Valley

International Toastmasters

When: Every Thursday of every month
 Where: Western International University—Phoenix campus
 For more information, contact Julie James at 602-429-1098

Arizona State Fair

When: October 12—November 4, 2012
 For more information go to <http://phoenix.about.com/cs/enter/a/statefair.htm>

The Great Pumpkin Festival

When: October 25—October 28, 2012
 Where: Desert Botanical Gardens, Papago Park, Phoenix
 For more information call (480) 481-8188 between 8 a.m.—8 p.m. daily

MacDonald's Ranch—Annual Pumpkin Festival

When: October 5—October 31, 2012
 Where: 26540 N Scottsdale Rd, Scottsdale, AZ 85255
 For more information visit www.macdonaldsranch.com

Tolmachoff Farms—Pumpkin Days / Corn Maze

When: October 1—November 11, 2012
 Where: 5736 N 75th Ave, Glendale, AZ 85303

Tolmachoff Farms—Haunted Corn Maze: AZ Field of Screams

When: Every Friday and Saturday in October and Halloween Night
 For More Information visit www.tolmacoff-farms.com

Veteran's Job Fair

When: October 18, 2012
 Time: 11:00 am—3:00 pm
 Where: University of Phoenix Stadium
 For event details and directions visit <https://events.recruitment.com>

Ballet Arizona—Giselle

When: November 1—November 4
 Where: Syphony Hall, Phoenix
 Order Tickets early at their website: <http://www.balletaz.org/index.taf?>

Arizona Sports Events

Arizona Cardinals Football

Discounted Tickets Coming
 Click Cardinal logo to access Cardinals 2012 Schedule



Phoenix Suns Basketball

Discounted tickets Coming
 Click Suns logo to access Suns 2012 Schedule



Phoenix Coyotes Hockey

Discounted tickets coming
 Click Coyotes logo to access Coyotes 2012 Schedule



Welcome West International Students



West international students and staff

From left to right: Rodrigo, Shane, Alberto, Kseniya, Ju Hyun, Ki Yeon, and Carmen

In order to welcome our new international students, we invite current students from either the same country or a neighboring one to act as a

student panel to mentor our new international students.

We have seen many friendships start using this

approach in our new student orientation process.

Culture Shock *Submitted By Carmen Theriault, West International Student*

I had the privilege of attending the international student orientation at West. What a great experience to get to know students from other countries and to welcome them to Western International University.

Say hello to Kseniya Malyar (Italy/Ukraine), Ju Hyun Jeong (South Korea), and returning student Tirath Rai (India).

One great moment was meeting two interns from Apollo Global, Alberto Perez and Rodrigo Moran (both from Mexico). Alberto and Rodrigo are with us for the next four months. If you see them around West give them a warm welcome.

What was their first experience? "It's really hot here". That was my first impression when my toes hit Arizona soil in July 2007. **"IT'S REALLY HOT HERE!"** My groceries would melt instead of freeze. I lost a lot of ice cream in that first month!

Then culture shock set in. There were different words for different things. I became lost in translation. How different can it be? I'm from Canada just next to the United States.

Once the pioneering spirit settled down the homesickness set in. I felt a sense of wandering around the desert aimlessly.

This feeling is normal to all those new to the country, so you're not alone.

That's where West comes in. There are Fun Friday activities and students that have gone through this experience are available to talk to. When I first arrived I didn't know anyone so I just kept talking to people until they would talk to me. I would tell them funny stories about Canada. I was determined to win them over. Only a few ran away.

I hope you feel welcome. I would love to hear about your first impressions in the United States or some insight into your home countries! E-mail me at ctheriault@mywiu.wintu.edu.

What you would like to see in our next newsletter? Sent feedback or suggestions to wiuss@west.edu.

If you would like to contribute to the newsletter, contact us at wiuss@west.edu.



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Western International University (West) was founded in 1978 as a private, non-profit institution and was regionally accredited in 1984. In 1995, West was acquired by Apollo Group, Inc., and became a for-profit subsidiary of one of the leading educational corporations in the United States. In 2010, West became a part of Apollo Global, a consolidated subsidiary of Apollo Group, and joined with sister schools in the United Kingdom, Chile, and Mexico to create a global education network.

A copy of Western International University's accreditation and licensure may be obtained upon written request to: Office of the President at Western International University.

